



Cookson First Aid

Free First Aid for all

Basic Life Support (Adults and Children)

LEVEL 2 : 3 HOUR TRAINING COURSE

This qualification is for those that are interested in, or are required to attend annual training in basic life support.

This qualification includes the use of a AED and is aligned to the current UK resuscitation council guidelines.

RQF Level 2 Award

QNUK Level 2 Award in Basic Life Support (Adults and Children) (RQF)

This qualification has been developed for those individuals looking to learn basic life support for adults and children.

The qualification may support a role in a workplace across any industry, particularly health care, or those participating in any form of social, leisure or sporting activities.

Duration

Total qualification Time (TQT) is 3 hours, with at least 3 Guided Learning Hours (GLH) in the classroom.

Course Content

- The learner will be able to support a casualty who is unresponsive and not breathing normally
- The learner will be able to support a casualty who is unresponsive and breathing normally
- The learner will be able to support a casualty who is choking
- Basic Life Support for Adults and Children

Numbers

A maximum of 12 students are allowed and must be a minimum of 14 years of age.

Assessment

The qualification assessment includes a written assessment. You must successfully complete the written assessment to achieve the qualification.

Certification

The qualification is valid for one year from the date of achievement. You will need to complete the full course again to re-qualify for a further one year.

