



# Cookson First Aid

Free First Aid for all

## Paediatric First Aid

### LEVEL 3 : 2-DAY TRAINING COURSE

This course is for those working with children and infants, such as teachers, nursery staff or child minders, or for parents.

The qualification covers knowledge and practical competency for a range of paediatric first aid.

## RQF Level 3 Award

### Qualification title: Level 3 Award in Paediatric First Aid (RQF)

#### Ofsted and the Early Years Foundation Stage

This two-day qualification fulfils the requirements for first aid training detailed in the Department for Education's statutory framework for the Early Years Foundation Stage.

#### Duration

Total qualification Time (TQT) is 15 hours, with at least 12 Guided Learning Hours (GLH) in the classroom over a minimum of 2 days plus independent pre and post course study.

#### Course Content

- Role of the Paediatric First Aider
- Primary survey
- Minor injuries
- Recovery position
- Extreme cold and heat
- Meningitis
- Resuscitation (CPR including the safe use of an AED)
- Febrile convulsions
- Choking
- Wounds, bleeding and shock
- Diabetic emergencies
- Head, neck and back injuries
- Allergic reactions including anaphylaxis
- Seizures
- Fractures
- Foreign bodies
- Electrical incidents
- Asthma

#### Numbers

A maximum of 12 students are allowed and must be a minimum of 16 years of age.

#### Assessment

The qualification assessment includes a practical demonstration and written assessment. You must successfully complete both the written and practical assessments to achieve the qualification.

#### Certification

The qualification is valid for three years from the date of achievement. It is recommended that you attend annual refresher training. You will need to complete the full course again to requalify for a further three years.